



# ATTENTION

## Don't Skip Step 3

To get started with your Mini Patch Monitor, please follow the steps below.

- 1 Snap-in electrodes to the four arms of the monitor.
- 2 Apply the monitor as shown in the diagram.
- 3 **Hold the red button down until the monitor vibrates.**  
You are now in recording mode.



**Mini Patch Placement**



**Scan for Application Video**

## Recommended Application Workflows

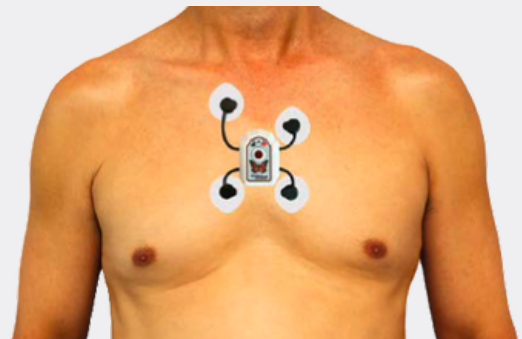
### PRIMARY WORKFLOW

- 1 Apply the monitor with normal or sensitive skin electrodes.
- 2 Remove the monitor while showering.
- 3 Charge the monitor while in the shower.
- 4 Re-apply the monitor with new electrodes after showering and adjust the placement slightly to help prevent skin irritation.

### SECONDARY WORKFLOW

- 1 Electrodes are good for up to 5 days.
- 2 On day 5, remove the monitor to charge. It takes one hour to charge a depleted (0%) battery.
- 3 Re-apply with new electrodes.

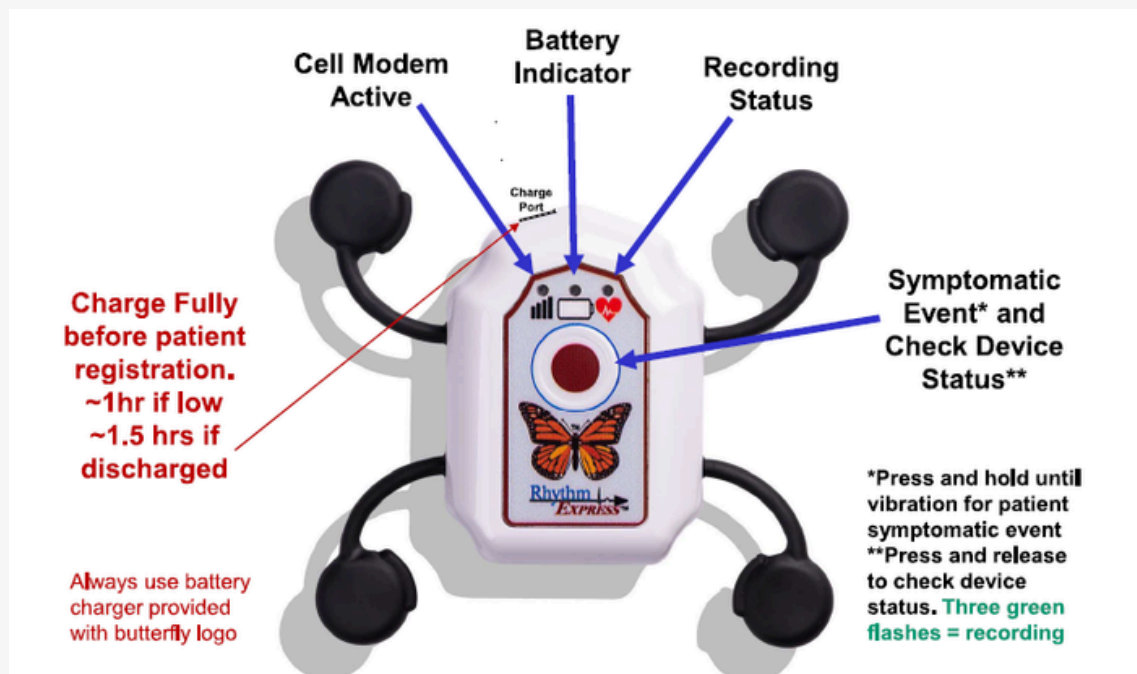
**Our Patient Use Guide recommends a placement that straddles the sternal groove, as shown here.**



## Mini Patch Monitor Useful Tips For Patients

### CARING FOR THE PATCH MONITOR

- ✓ The monitor **must be removed** from your chest before plugging it in to charge.
- ✓ The battery light will flash every 5 seconds if the monitor is charging. When fully charged, the battery light will be a steady green light.
- ✓ After the battery is charged, disconnect the monitor from the charger and reattach the ECG leads to the electrodes. The monitor will sense that the leads are reconnected, and monitoring will resume.



## Troubleshooting

**Our Receiving Center is open 24-hours a day, 365 days a year. For assistance, please call: 800-274-5399.**

Alert	Possible Cause	Solution
Battery icon flashes <b>AMBER</b> .	Battery is less than 25% charged.	Charge the monitor.
No icons light up after tapping the <b>RED</b> button for 1-second.	Battery is depleted.	Charge the monitor.
Heart icon flashes <b>AMBER</b> every 10 seconds.	An electrode is loose, or lead is unsnapped from an electrode.	Check electrodes Reconnect monitor to the electrodes.
All icons flash <b>AMBER</b> and monitor vibrates every second.	Monitor is connected to charger while being worn.	Disconnect monitor from electrodes.

## Smart Phone Diary App *Symptom, Activity, and Location*

To get started, scan the QR code to download the app.



1



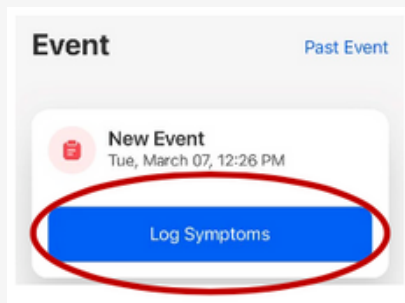
To record an event, press the red button on the monitor until it vibrates.

2



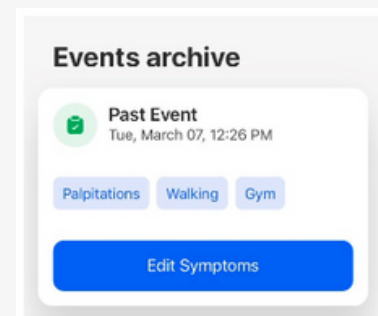
Allow 5 minutes for the event to be recorded, and open the Rhythm Access app.

3



Tap: Log Symptoms.

4



Select symptom, activity, and location.

## Monitor & Charger Return Instructions



### Mini Patch Return Instructions

- ✓ The monitor must be returned in the protective case using the enclosed U.S. Postal Service supplies.
- ✓ The U.S. Postal Service airbill has been pre-paid and pre-printed with First-Call Medical's address.
- ✓ Seal the package and drop the package in a blue USPS mailbox or drop it off at the post office.

## Fees For Unreturned Equipment

Blue Case: \$30

Charger: \$30

RX-1 Mini Patch Monitor: \$2,000

## Privacy Practices

Please visit My First Call Medical ([www.myfirstcallmedical.com](http://www.myfirstcallmedical.com)) or scan this QR code.



For additional information call 800-274-5399 or email [info@fcminc.com](mailto:info@fcminc.com)